

# SCUOLA DI MUSICA DI FIESOLE

FONDAZIONE – ONLUS

iscritta al n° 6 del Registro Regionale delle Persone Giuridiche Private

Aggiornamento: 8/10/2019

## Course Programme for TRIENNIO ORDINAMENTALE VIOLA DA GAMBA

ARTISTIC-DISCIPLINARY SECTOR CODE: **COMA/03** Viola da gamba

Field of study: METODOLOGIA DELL'INSEGNAMENTO STRUMENTALE

### YEAR 1

Hours	Credits	Mode of Verification
18	4	SUITABILITY

### STUDY PROGRAMME:

#### ❖ Preliminary topics that act as a general guide in education:

The question of "talent";  
Teaching as a social duty.

#### • **La figure of the teacher**

Self discipline;  
Empathy;  
Motivation for the teacher;  
The possible roles;  
Learning continues: imagine a school without a solution of continuity.

#### • **The student**

Preliminary topics:  
1) Self esteem;  
2) Determination and Motivation;

Ensemble music;  
Growth;  
Creativity;  
Construction of personality.

#### • **Rapport with the family**

#### ❖ Teaching:

The entrance exam;  
The approach and choice of a method;  
The role of emotions;  
Educate the brain;



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Movement as an inhibitory phenomenon for anxiety;

Recognizing one's own emotions;

The unconventional repertoire;

Rhythm;

Strategies and study models in view of performance;

Flow;

Tension: a positive energy;

Dysfunctional thoughts;

Memory and personality development;

Memory and learning;

Techniques for relaxing;

Music and athletic

performance.

## ❖ The lesson/ Techniques:

Reinforcing;

Imitation and imprinting;

Verbalization;

Modelling;

Flesch's tripartite scheme;

The checklist (for the teacher);

The checklist (for the student).

## ❖ The practice of teaching:

Analysis of the educational problems relative to teaching the instrument. Posture problems (relative to the body type and size of the instrument). Gradual elevation of technical levels to reach, calibrated to the student's level of musical maturity.